

## Beers, Lagers And Wines

### Beer and Lager £2.50

John Smiths Extra Smooth  
Becks  
Budweiser  
Stella Artois

*Other beers and lagers may be available in the drinks chiller*

### House Wines

**£12.50 Per Bottle, £3.50 Per Glass (175ml)**

House White - Pinot Grigio South Eastern Australia

*Pale lemon in colour Dry River Pinot Grigio displays a powerful bouquet of citrus blossom, lime and grapefruit aromas.*

*Harvesting the grapes in the cool night air has enhanced the classic*

*Pinot Grigio flavours of green apple, pear and tropical fruits helping to give balance to the wines crisp, crunchy acidity prior to a surprisingly long finish un-typical of this grape variety.*

House Red - Shiraz South Eastern Australia

*Opaque and inky red in colour Dry River Shiraz displays a nose of smoky rich fruits with a touch of mint.*

*Smooth and rich on the palate with spicy flavours of luscious dark berry fruits, the balanced tannins help to deliver a tremendously concentrated finish.*

***The Bar Convent Café is open Monday - Saturday 8am - 4pm  
Last orders taken at 3pm for hot food and sandwiches***

We offer superb facilities for a wide range of conferences and events in the beautiful surroundings of this magnificent Grade I listed Georgian building. For more information contact the Meeting & Events Team on 01904 464907 or email [meetings@bar-convent.org.uk](mailto:meetings@bar-convent.org.uk)

## Breakfasts

*Served between 8.15am and 11.00am*

### Full English Breakfast £5.95

Lean back bacon, local pork sausage, egg - fried, poached or scrambled  
Heinz baked beans, tomatoes, mushrooms, fried bread

*Vegetarian option available*

### Breakfast Special £5.50

Grilled bacon, poached egg and sliced mushrooms on a potato rosti

### Toast and Preserve £1.50

Hot buttered toast served with a portion of preserve of your choice (v)  
*Extra portion of Marmite, honey, marmalade or assorted jams 25p*

### Eggs on Toast £3.75

Choose from scrambled, fried or poached eggs on hot buttered toast (v)

### Beans on Toast £3.75

Classic Heinz Baked Beans served on hot buttered toast (v)

### Breakfast Sandwiches £3.75

Bacon, sausage or egg - or for £1 extra have all three!

### Extra Breakfast Items 95p each

*We endeavour wherever possible to use local produce and suppliers.  
Menus may be subject to change due to availability or produce.  
Some of our foods may contain nuts, nut derivatives or other allergens.  
If you have any concerns please ask our qualified staff.*

## *Sandwiches*

*Served in wholemeal or white sliced bread, or freshly baked white or granary baguette. Add a portion of chips or side salad for £1.*

### **Red Pepper Houmous with Chargrilled Vegetables £5.25**

Roasted red pepper houmous with marinated chargrilled vegetables and mixed leaves

### **Tuna Mayonnaise £4.25**

Tuna bound in mayonnaise with sliced cucumber or red onion

### **Egg Mayonnaise £3.95**

Free range egg bound in creamy mayonnaise with cress or sliced tomato

### **Ham and Brie £5.50**

Slices of locally sourced ham with brie and fruit chutney

### **Ham and Mustard £4.95**

Slices of locally sourced ham with English mustard

### **Coronation Chicken £5.50**

Chicken bound in a curried mayonnaise with mango chutney, sliced apple and sultanas

### **Cheese and Pickle £4.95**

Mature grated cheddar cheese and Branston Pickle

### **Italian Chicken £5.50**

Chicken, black olives, herbs and cracked black pepper in a tomato dressing with mixed leaves

### **Milano Salami and Smoked Cheddar £5.25**

Sliced cured pork sausage with smoked cheddar cheese and mayonnaise

### **Prawn Marie Rose £5.50**

North Atlantic prawns in a creamy Marie Rose sauce with mixed leaves

*Many of our sandwiches, salads and jacket potato fillings are suitable for people following a Gluten Free diet. Please let the catering staff know when ordering that you require gluten free bread and salad dressing.*

## *Hot Drinks*

### **Tea**

Pot of tea for one £1.60

Pot of Earl Grey tea for one £1.80

Choice of fruit, herbal and green teas £1.80

### **Coffee**

Pot of filter coffee for one with milk or cream £1.95

Cafetière coffee for one £2.50

Americano £2.25

Latte £2.25

Cappuccino £2.25

Espresso £1.65

Double Espresso £2.25

Moccachino £2.25

### **Hot chocolate £2.50**

Indulgent, velvety hot chocolate topped with whipped cream and a Cadbury's chocolate flake - the perfect afternoon treat!

## *Cold Drinks*

Bottle of Coke or Diet Coke £1.95

Flavoured bottled water £1.50

Still or sparkling bottled water £1.30

Sparkling water (*large bottle*) £3.00

Glass of semi skimmed milk £1.00

Glass of orange or apple juice £1.20

A variety of Pressés £2.25

Carton of Juice £1.00

## *Side Dishes*

Chips £1.90

Cheesy Chips £2.50

Potato Wedges £3.25

Cheesy Potato Wedges £4.25

Side Salad (v) £2.90

Packet of Crisps 70p

Piece of Fruit 60p

## *Cakes and Pastries*

*We always have a selection of cakes that are gluten free.*

*Please ask a member of staff who will be happy to point these out to you.*

### **Daily selection of freshly baked cakes**

Cakes from £1.95 - £2.50

Freshly baked scone with butter £1.75

Large toasted teacake £2.50

### **Cream Tea £4.50**

Homemade Scone

Wilkin & Sons Ltd Tiptree Strawberry Preserve

Devon Cream Company's Luxury Clotted Cream

Pot of Tea or Coffee

## *Salads*

*Served with freshly baked half baguette or Gluten Free bread and butter*

### **Chicken Caesar Salad £8.75**

Freshly roasted chicken served with a classic Caesar dressing, parmesan cheese and croutons

### **Tuna Salad £8.50**

Dolphin friendly tuna served with a fresh tossed salad

### **Ham Salad £8.75**

Slices of locally sourced ham served with fruit chutney

### **Goats Cheese Salad £8.75**

Grilled goat's cheese on a bed of mixed leaves served with beetroot and horseradish chutney

### **Avocado, Bacon & Goats Cheese Salad £8.75**

Sliced ripe avocado, hot crispy bacon & grilled goat's cheese on a bed of mixed leaves

### **Prawn Marie Rose £8.75**

North Atlantic prawns in a creamy Marie Rose sauce on a bed of mixed leaves served with a wedge of lemon and brown bread and butter

*Please refer to the blackboards for the Chef's Daily Specials which may include salads, light lunches, main courses and desserts. Also look out for the special offers advertised on the cafe counter.*

## *Light Lunches*

### **Homemade Soup of the Day £3.95**

Served with half a baguette or Gluten Free bread and butter

### **Bacon and Mushroom on a Potato Rosti £5.25**

Grilled rashers of bacon and fried mushrooms on top of a potato rosti served with a side salad

### **Welsh Rarebit with Caramelised Onions £5.25**

Two slices of toast topped with our special rarebit mix, finished with grated cheese melted under the grill, served with salad garnish and caramelised onions

### **Bacon topped Welsh Rarebit £6.50**

### **Ham and Egg £6.95**

Slices of locally sourced ham served with a fried egg and French fries

### **Hot Sausage and Caramelised Onions £4.25**

Sliced pork sausages in a warm buttered baguette with caramelised onion chutney served with a salad garnish

### **Garlic Mushrooms (v) £5.95**

Chunky mushrooms in a simple garlic and chive butter sauce served with a mixed leaf salad and warm baguette

### **Bacon and Brie Topped Croissant £4.25**

Warm croissant topped with grilled bacon topped with melted brie served with a salad garnish

### **Mushroom Paté (v) £6.50**

Coarse mushroom paté served with autumn fruit chutney, fresh green salad and crusty bread and butter

### **Wholetail Scampi and Chips £8.25**

Breaded Wholetail Scampi with chips and a salad garnish served with a tangy tartare sauce and a wedge of lemon

## *Jacket Potatoes*

*Served with a crisp side salad*

### **Chilli Con Carne £5.50**

Freshly made spicy beef chilli with kidney beans

### **Coronation Chicken £5.50**

Chicken coated in a curry flavoured creamy mayonnaise style sauce

### **Red Pepper Houmous with Chargrilled Vegetables £5.20**

Roasted red pepper houmous with marinated chargrilled vegetables

### **Cheddar Cheese £4.25**

Grated mature cheddar cheese

### **Tuna and cucumber £4.25**

Dolphin friendly tuna bound in mayonnaise with chopped cucumber

### **Heinz Baked Beans £3.95**

### **Egg Mayonnaise £3.95**

Local free range egg mayonnaise and cress

### **Cottage Cheese £3.95**

Cottage cheese with red onion and chives

### **Prawn Marie Rose £5.50**

North Atlantic prawns coated in a rich and creamy Marie Rose Dressing

### **Additional fillings 95p each**

### **Loaded Potato Skins £5.75**

Crispy potato skins topped with grated cheddar and chopped bacon.

### **Cheesy Potato Skins (v) £5.50**

Crispy potato skins topped with cheddar.